

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

304 Cinnamon Bagelful  
OR  
305 Pancakes  
670 Fresh Fruit  
749 Apple-Cherry Juice

4

Pre-K: 346 Cinnamon Toast Crunch

306 Apple Baked Frudel  
OR  
321 Banana Muffin  
670 Fresh Fruit  
684 Mixed Berry Applesauce

5

Pre-K: 339 Orange Cranberry Muffin

329 Trix Cereal Bar  
OR  
359 Honey Scooters  
697 Bagged Sliced Apples  
752 Fruit Punch Juice

6

Pre-K: 342 Cheerios Cereal

370 Apple Fruit Pocket  
OR  
369 Pillsbury Berry Blast Mini  
French Toast  
608 Dole Tropical Fruit Cup  
750 Apple Juice

7

Pre-K: 332 Apple Cinnamon Muffin

313 Rebel Apple Delight Crumble  
OR  
350 Apple Cinnamon Cheerios  
Cereal Bar  
697 Bagged Sliced Apples  
752 Fruit Punch Juice

1

Pre-K: 330 Blueberry Muffin

323 Apple Cinnamon Muffin  
OR  
325 Cinnamon Chex Cup  
670 Fresh Fruit  
696 Raisins

8

Pre-K: 366 Blueberry Bagel

307 Cherry Baked Frudel  
OR  
328 Chocolate Chip Muffin  
670 Fresh Fruit  
752 Fruit Punch Juice

11

Pre-K: 349 Corn Chex Cereal

313 Rebel Apple Delight Crumble  
OR  
334 Cinnamon Toast Crunch  
670 Fresh Fruit  
749 Apple-Cherry Juice

12

Pre-K: 330 Blueberry Muffin

315 Apple Cinnamon Toast  
OR  
319 Orange Cranberry Muffin  
684 Mixed Berry Applesauce  
748 Grape Juice

13

Pre-K: 343 Rice Chex

325 Cinnamon Chex Cup  
OR  
350 Apple Cinnamon Cheerios  
Cereal Bar  
670 Fresh Fruit  
750 Apple Juice

14

Pre-K: 331 Corn Muffin

316 Chicken Biscuit  
OR  
367 Cinnamon Raisin Bagel  
647 Dole Mandarin Orange Cup  
753 Orange Juice

15

Pre-K: 367 Cinnamon Raisin Bagel

321 Banana Muffin  
OR  
325 Cinnamon Chex Cup  
670 Fresh Fruit  
748 Grape Juice

18

Pre-K: 347 Alpha Bits Cereal

327 Pillsbury Maple Mini Waffles  
OR  
336 Pillsbury Strawberry Splash  
Pancakes  
658 Dried Fruit Blend  
749 Apple-Cherry Juice

19

Pre-K: 335 Banana Muffin

329 Trix Cereal Bar  
OR  
303 Egg & Cheese with Turkey Bacon on  
Toast  
670 Fresh Fruit  
752 Fruit Punch Juice

20

Pre-K: 368 Plain Bagel

322 Blueberry Muffin  
OR  
368 Plain Bagel  
684 Mixed Berry Applesauce  
750 Apple Juice

21

Pre-K: 339 Orange Cranberry Muffin

309 Apple Jammer  
OR  
334 Cinnamon Toast Crunch  
Cereal  
670 Fresh Fruit  
696 Raisins

22

Pre-K: 345 Honey Scooters Cereal

311 Cheese Omelet on Pita  
OR  
323 Apple Cinnamon Muffin  
670 Fresh Fruit  
749 Apple-Cherry Juice

25

Pre-K: 347 Alpha Bits Cereal

359 Honey Scooters Cereal  
OR  
362 Raisin Bran Cereal  
684 Mixed Berry Applesauce  
752 Fruit Punch Juice

26

Pre-K: 342 Cheerios Cereal

338 French Toast Sticks  
OR  
367 Cinnamon Raisin Bagel  
670 Fresh Fruit  
748 Grape Juice

27

Pre-K: 332 Apple Cinnamon Muffin

328 Chocolate Chip Muffin  
OR  
334 Cinnamon Toast Crunch Cereal  
670 Fresh Fruit  
658 Dried Fruit Blend

28

Pre-K: 343 Rice Chex Cereal

308 Strawberry Mini Bagel  
OR  
369 Pillsbury Berry Blast Mini French  
Toast  
612 Bagged Apples & Grapes  
750 Apple Juice

29

Pre-K: 330 Blueberry Muffin

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

\* Pre-K students receive one serving of fruit, no juice, and only unflavored milk at breakfast.

