



*Saint Paul Catholic Church*

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## **Immunization Information**

### Required Immunizations

#### **Tetanus**

All Children get a tetanus shot before entering school and then boosters are recommended every ten years. All missionaries are required to get the tetanus booster if they have not had one in the last ten years.

#### **Hepatitis A**

This immunization is recommended for all travelers. It is a series of two shots that must be started several months before the trip and will give long-term protection. If only temporary (three to five month) protection is preferred, an injection of immune globulin is acceptable.

#### **Hepatitis B**

All health care workers must get their immunizations before they go to Honduras. It is a series of injections like the hepatitis A immunization and must be started several months before the trip.

#### **Malaria**

The risk of malaria varies widely by area and is most prevalent in rural and low-lying areas, and near water. While most of our time will be spent in towns, it is best that malaria prevention is taken. It is a series of pills taken weekly beginning one week before the trip and continuing several weeks after the trip.

**To get immunizations call:**

**Frederick Immediate Care at 301-698-8374 or Travel Health Service at 301-682-6094**

**For pictures, links and more information about Mission Honduras:**

**Go online to [www.stpauldamascus.org](http://www.stpauldamascus.org)**